

Patient # \_\_\_\_\_

### PATIENT HEALTH HISTORY

#### REVIEW OF SYSTEMS

Are you presently suffering (or within the past 6 months suffered) from any of the following?

**General**     Normal

- Fatigue
- Weakness
- Fever
- Loss of Sleep

**Neurological**     Normal

- Headaches
- Convulsions
- Dizziness
- Nervousness
- Fainting
- Other \_\_\_\_\_

**Heart/Lungs**     Normal

- Chest Pain
- Difficulty Breathing
- Palpitations
- Other \_\_\_\_\_

**Genitourinary**     Normal

- Prostate Problems
- Other \_\_\_\_\_

**Stomach/Digestion**     Normal

- Abdominal Pain
- Constipation
- Other \_\_\_\_\_

**Psychological**     Normal

- Anxiety
- Depression
- Memory Loss or Impairment
- Other \_\_\_\_\_

Date of Last:

Physical Exam \_\_\_/\_\_\_/\_\_\_\_    OB-GYN Exam \_\_\_/\_\_\_/\_\_\_\_    Spinal Exam \_\_\_/\_\_\_/\_\_\_\_

Spinal X-Ray \_\_\_/\_\_\_/\_\_\_\_    Chest X-Ray \_\_\_/\_\_\_/\_\_\_\_    MRI, CT-Scan, Bone \_\_\_/\_\_\_/\_\_\_\_

List any medications you are taking:

\_\_\_\_\_  
\_\_\_\_\_

#### OTHER CONDITIONS

Please check (☐) all that apply, even if they do not seem related to your current problem.

- |                                     |   |  |   |  |
|-------------------------------------|---|--|---|--|
| <input type="checkbox"/> Arthritis  | <input type="checkbox"/> Fractures      | <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Osteoporosis       | <input type="checkbox"/> Scoliosis           |
| <input type="checkbox"/> Cancer     | <input type="checkbox"/> Gout           | <input type="checkbox"/> HIV/AIDS                | <input type="checkbox"/> Polio              | <input type="checkbox"/> Spinal Disc Disease |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Heartburn      | <input type="checkbox"/> Kidney Disease          | <input type="checkbox"/> Problems Urinating | <input type="checkbox"/> Stroke / TIA        |
| <input type="checkbox"/> Diabetes   | <input type="checkbox"/> Herniated Disc | <input type="checkbox"/> Multiple Sclerosis      | <input type="checkbox"/> Prostate Trouble   | <input type="checkbox"/> Tuberculosis        |
- Other: \_\_\_\_\_

#### Habits

- |   | YES                      | NO                       |
|---|--------------------------|--------------------------|
| Do / did you smoke? (packs/day___)          | <input type="checkbox"/> | <input type="checkbox"/> |
| Do / did you drink alcohol? (drinks/day___) | <input type="checkbox"/> | <input type="checkbox"/> |
| Do / did you drink Caffeine? (cups/day___)  | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you been in any accidents?             | <input type="checkbox"/> | <input type="checkbox"/> |
| Are you pregnant?                           | <input type="checkbox"/> | <input type="checkbox"/> |

#### Hobbies

- |   | YES                      | NO                       |
|---|--------------------------|--------------------------|
| Do / did you play any adult sports?         | <input type="checkbox"/> | <input type="checkbox"/> |
| Do / did you participate in extreme sports? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you exercise? (days/week___)             | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you had any surgery?                   | <input type="checkbox"/> | <input type="checkbox"/> |

If you answered YES to any of the above questions please explain on lines below.

\_\_\_\_\_  
\_\_\_\_\_

The statements made on this form are accurate to the best of my recollection.

**X** \_\_\_\_\_  
Signature

\_\_\_\_\_  
Date